



Warmup run

Official start

Sept.
9Sept.
11

2026-2027 Running Club

PLEASE HAVE YOUR CHILD RETURN THIS WAIVER TO THE PTA BOX IN THE FRONT OFFICE OR BRING DURING RUNNING CLUB IF THEY WISH TO PARTICIPATE. THANK YOU – PTA

MWF 8:25-8:45 AM | Gates open 8:20 AM

Enter through the Blue Gate & please DO NOT park in the parking lot – it is for staff only!

This is a great way for your child to start the day! Students will be released directly to their classrooms at the conclusion of Running Club. Please be sure students are dressed appropriately for the weather and activity, and have already used the bathroom before arriving.

Spreckels Running Club Rules

Running Club is supported by the PTA and completely volunteer-run by fellow Spreckels parents. Students may sign up to participate at any time and are welcome to come and log laps on any of the days the club meets. Loved ones are also encouraged to join in the fun! We ask that your child follow a few simple rules to help make the club fun and safe for everyone:

- ♦ We're here to have fun, but no rough horseplay or fighting.
- ♦ Keep moving! Water breaks are ok but no sitting out for long periods.
- ♦ Be fair. No cutting corners, cheating, etc.
- ♦ Once in the track area, students **MUST** stay until Running Club ends and the school gate opens (with the exception of ONE escorted walk to breakfast at 8:35 AM).

Any misbehavior or inability to follow the rules will result in student being unable to participate. If you think your child may have problems following the rules, we ask that you supervise for the duration of Running Club.

The undersigned parent and/or guardian assumes all risks in connection with the student's participation in the PTA-sponsored 2026-2027 Running Club. I hereby release and discharge the California State PTA, Spreckels PTA, and all PTA officers, directors, employees, volunteers, and agents from liability for any injury to the student in connection with participation in these activities.

I do hereby certify that, to the best of my knowledge and belief, said minor is in good health. In case of illness or accident, permission is granted for emergency treatment to be administered. It is further understood and agreed that the undersigned will assume full responsibility for any such action, including payment of costs.

PLEASE PRINT CLEARLY

Child's name/nickname: _____ identified as (circle) he / she / they

in (grade/teacher) _____, has permission to participate in the 2026-2027 Spreckels Running Club.

Parent/Guardian name (please print) : _____

Cell phone: _____ Email: _____

Parent/Guardian Signature: _____ Date: _____

☐ I consent to text communications from PTA Running Club chairs in the event of cancellations, updates, etc.

For more info or to volunteer: spreckelspta.org/runningclub